

CLEANING AND CARE

1. When cleaning surfaces of door and oven that comes together on closing the door, use only mild, nonabrasive soaps, or detergents applied with a sponge or soft cloth.
2. Turn off the oven and remove the power plug from the wall socket before cleaning.
3. Keep the inside of the oven clean. When food splatters or spilled liquids adhere to oven walls, wipe with a damp cloth. Mild detergent may be used if the oven gets very dirty. Avoid the use of spray and other harsh cleaners as they may stain, streak or dull the door surface.
4. The outside surfaces should be cleaned with a damp cloth. To prevent damage to the operating parts inside the oven, water should not be allowed to seep into the ventilation openings.
5. Wipe the window on both sides with a damp cloth to remove any spills or spatters.
6. Do not allow the control panel to become wet. Clean with a soft, damp cloth. When cleaning the control panel, leave oven door open to prevent oven from accidentally turning on.

7. If steam accumulates inside or around the outside of the oven door, wipe with a soft cloth. This may occur when the microwave oven is operated under high humidity conditions, this is normal.
8. It is occasionally necessary to remove the glass tray for cleaning. Wash the tray in warm sudsy water or in a dishwasher.
9. The roller ring and oven floor should be cleaned regularly to avoid excessive noise. Simply wipe the bottom surface of the oven with mild detergent. The roller ring may be washed in mild sudsy water or dishwasher. When removing the roller ring from cavity floor for cleaning, be sure to replace in the proper position.
10. Remove odors from your oven by combining a cup of water with the juice and skin of one lemon in a deep bowl, microwave for 5 minutes. Wipe thoroughly and dry with a soft cloth.
11. When it becomes necessary to replace the oven light, please consult a dealer to have it replaced.
12. Do not dispose this appliance with your regular garbage; it should be disposed to the particular disposal center provided by the municipalities.

TROUBLESHOOTING

BEFORE YOU CALL FOR SERVICE

If the oven fails to operate:

- A) Check to ensure that the oven is plugged in securely. If it is not, remove the plug from the outlet, wait 10 seconds and plug it in again securely.
- B) Check for a blown circuit fuse or a tripped main circuit breaker. If these seem to be operating properly, test the outlet with another appliance.
- C) Check to ensure that the control panel is programmed correctly and the timer is set.
- D) Check to ensure that the door is securely closed engaging the door safety lock system. Otherwise, the microwave energy will not flow into the oven.

IF NONE OF THE ABOVE RECTIFIES THE SITUATION, THEN CONTACT A QUALIFIED TECHNICIAN.

DO NOT TRY TO ADJUST OR REPAIR THE OVEN YOURSELF.

MICROWAVE OVEN WILL NOT OPERATE

Check the following:

- Household fuse or circuit breaker
If a household fuse has blown or a circuit breaker has tripped, replace the fuse or reset the circuit breaker. If the problem continues, call an electrician.
- Magnetron
Try to heat 250 mL/1 cup of cold water for two minutes at 100% cooking power. If water does not heat, try the steps in the bullets below. If microwave oven still does not operate, call for service.
- Door
Firmly close door. If a packaging spacer is attached to inside of the door, remove it then firmly close door.
- Control
Make sure the control is set properly. Make sure the control lock is off.

ARCING IN THE MICROWAVE OVEN

Check the following:

- Soil buildup
Soil buildup on cavity walls, microwave inlet cover, cooking supports and area where the door touches the frame can cause arcing. Clean all areas as instructed in the oven care section.



ONE YEAR WARRANTY

VALID ONLY WITH ORIGINAL PURCHASE RECEIPT

WARRANTY: Home Hardware Stores Limited warrants this product against defects in any parts or workmanship for a period of 1 year from the original purchase date. This product is for residential use only. It is not intended to be used in commercial or industrial settings. This product warranty covers only the original consumer purchaser of the product.

WARRANTY COVERAGE: This warranty is void if the product has been damaged by accident, neglect, improper handling or operation, shipping damage, abuse, misuse, unauthorized repairs made or attempted, alterations, improper assembly/installation or maintenance, commercial use or other causes not arising out of defect in materials or workmanship. This warranty does not extend to any units which have been altered or modified or damage to products or parts thereof which have had the serial number removed, altered, defaced or rendered illegible. Return to the closest Home Hardware store for inspection and/or replacement.

IMPLIED WARRANTIES: Any implied warranties which the purchaser may have are limited in duration to 1 year from the date of purchase. This limited warranty is in lieu of all other warranties expressed or implied, including warranties of merchantability and fitness for a particular purpose and excludes all liability for incidental or consequential damages for any cause whatsoever.

WARRANTY PERFORMANCE: During the above 1 year warranty period, a product with a defect will be replaced when the product is returned to an authorized dealer. The replacement product will be in warranty for the balance of the 1 year warranty period and an additional one-month period. No charge will be made for such replacement.

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Microwave Oven

with glass turntable

Dimensions:
53 cm (w) x 43 cm (d) x 30.5 cm (h)
21" (w) x 17" (d) x 12" (h)

Countertop model



1.1 cubic feet
1000 watts

3740-141
STAINLESS STEEL

Power consumption	120V, 60Hz, 1450 w
Output	1000 w
Operation frequency	2450 MHz
Net weight	15.4 kg / 34 lb

PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY

Read these instructions carefully before installing and operating the oven. Keep them for further reference.

WARNING:

1. Do not attempt to operate this oven with the door-open since open-door operation can result in harmful exposure to microwave energy. Do not tamper with the safety interlocks.
2. Do not place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces.
3. Do not operate the oven if it is damaged. It is particularly important that the oven door close properly and that there is no damage to the: a) Door (bent), b) Hinges and latches (broken or loosened), c) Door seals and sealing surfaces.
4. The oven should not be adjusted or repaired by anyone except properly qualified service personnel.

IMPORTANT SAFETY INSTRUCTIONS. PLEASE SAVE THESE INSTRUCTIONS.

When using electrical appliances, basic safety precautions should be followed, including the following:

WARNING - To reduce the risk of burns, electric shock, fire, and injury to persons or exposure to excessive microwave energy:

1. Read all instructions before using the appliance.
2. Read and follow the specific "PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY".
3. This appliance must be grounded. Connect only to properly grounded outlet. See "GROUNDING INSTRUCTIONS".
4. Install or locate this appliance only in accordance with the provided installation instructions.
5. Some products such as whole eggs and sealed containers, for example, closed glass jars, are able to explode and should not be heated in this oven.
6. Use this appliance only for its intended use as described in this manual. Do not use corrosive chemicals or vapors in this appliance. This type of oven is specifically designed to heat, cook, or dry food. It is not designed for industrial or laboratory use.
7. As with any appliance, close supervision is necessary when used by children.
8. To reduce the risk of fire in the oven cavity:
 - Do not overcook food. Carefully attend appliance when paper, plastic, or other combustible materials are placed inside the oven to facilitate cooking.
 - Remove wire twist-ties from paper or plastic bags before placing bag in oven.
 - If materials inside the oven should ignite, keep oven door closed, turn oven off, and disconnect the power cord or shut off power at the fuse or circuit breaker panel.
 - Do not use the cavity for storage purposes. Do not leave paper products, cooking utensils or food in the cavity when not in use.
9. Liquids, such as water, coffee, or tea can be overheated beyond the boiling point without appearing to be boiling due to surface tension of the liquid. Visible bubbling or boiling when the container is removed from the microwave oven is not always present. **THIS COULD RESULT IN VERY HOT LIQUIDS SUDDENLY BOILING OVER WHEN A SPOON OR OTHER UTENSIL IS INSERTED INTO THE LIQUID.**
To reduce the risk of injury:
 - Do not overheat the liquid.
 - Stir the liquid both before and halfway through heating it.
 - Do not use straight-sided containers with narrow necks.
 - After heating, allow the container to stand in the microwave oven for a short time before removing the container.
- Use extreme care when inserting a spoon or other utensil into the container.
10. Do not heat oil or fat for deep-frying. It is difficult to control the temperature of oil in microwave oven.
11. Pierce foods with heavy skins such as potatoes, whole squash, apples and chestnuts before cooking.
12. The contents of feeding bottles and baby jars should be stirred or shaken and the temperature should be checked before serving in order to avoid burns.
13. Cooking utensils may become hot because of heat transferred from the heated food. Potholders may be needed to handle the utensil.
14. Do not cover or block any openings on the appliance.
15. Do not store or use this appliance outdoors. Do not use this product near water, for example, near a kitchen sink, in a wet basement, near a swimming pool, or similar locations.
16. Do not operate this appliance if it has a damaged cord or plug, if it is not working properly or if it has been damaged or dropped.
17. Do not immerse cord or plug in water. Keep cord away from heated surface. Do not let cord hang over edge of table or counter.
18. Use only thermometers, that are specifically designed for use in microwave ovens.
19. Do not operate any heating or cooking appliance beneath this appliance.
20. Be certain the glass tray and roller rings are in place when you operate the oven.
21. This appliance should be serviced only by qualified service personnel contact nearest authorized service facility for examination, repair, or adjustment.
22. When cleaning surfaces of door and oven that comes together on closing the door, use only mild, nonabrasive soaps, or detergents applied with a sponge or soft cloth.
23. Do not mount unit over or near any portion of a heating or cooking appliance.
24. Do not mount over a sink.
25. Do not store anything directly on top of the appliance surface when the appliance is in operation.

GROUNDING INSTRUCTIONS

The microwave oven must be grounded. In the event of an electrical short circuit, grounding reduced the risk of electric shock by providing an escape wire for the electric current. The microwave oven is equipped with a cord having a grounding wire with a grounding plug. The plug must be plugged into an outlet that is properly installed and grounded.

WARNING: Improper use of the grounding plug can result in a risk of electric shock. Consult a qualified electrician or serviceman if the grounding instructions are not completely understood, or if doubt exists as to whether the microwave oven is properly grounded.

Do not use an extension cord. If the power supply cord is too short, have a qualified electrician or serviceman install an outlet near the microwave oven.

WARNING:

- Plug into a grounded 3 prong outlet
 - Do not remove ground prong
 - Do not use an adapter
 - Do not use an extension cord
 - Failure to follow these instructions can result in death, fire, or electrical shock
- Recommended:**
- A time-delay fuse or time-delay circuit breaker.
 - A separate circuit serving only this microwave.

NOTE:

Do not block the exhaust vents or air intake openings. Allow a few inches of space at the back and side of the microwave oven where the exhaust vents are located. Blocking the exhaust vents could cause damage to the microwave oven, as well as poor cooking results.

COOKWARE AND DINNERWARE

MICROWAVE SAFE

- Browning dish (follow manufacturer recommendations)
- Ceramic glass, glass
- China, earthenware (follow manufacturer recommendations)
- Melamine (follow manufacturer recommendations)
- Paper towels, paper plates, napkins (use non-recycled paper: recycled paper towels may contain metal and could ignite)
- Plastic wraps, bags, covers, dinnerware, containers
- Pottery and clay (follow manufacturer recommendations)
- Silicone bakeware (follow manufacturer recommendations)
- Wax paper

DO NOT USE

- Metal cookware and bakeware
- Straw or wicker
- Gold, silver or pewter
- Non-approved meat thermometers, skewers
- Twist ties
- Foil liners, such as sandwich wrappers
- Staples
- Objects with gold or silver trim or with metallic glaze

TO TEST COOKWARE:

Place dish on turntable with 250 mL / 1 c water beside it. Microwave on HIGH for 30 seconds. If dish becomes hot and the water stays cool, do not use the dish in the microwave oven.

CONTROL PANEL



DISPLAY

Cooking time, power, indicators and present time are displayed.

QUICK COOK BUTTONS

Instant settings to cook popular foods.

COOK BY WEIGHT

Programmed cooking based on the weight of the foods to be cooked.

DEFROST BY WEIGHT

Programmed defrosting based on the weight of the foods to be defrosted.

SPEED DEFROST

Quick defrost function that alternates defrost and stand times to quickly and effectively defrost foods.

COOK

Use for multi-stage cooking. Enables cooking at multiple power and time settings automatically.

TIMER

Timer functions independently, even while a cooking program is in process.

NUMBER PADS (0-9)

Touch to set times or weights.

CLOCK

Use to set the time of day or recall the time of day.

RESET

Use to clear all previous settings.

POWER LEVEL

Use to set power level. To check power level during cooking, touch POWER LEVEL pad.

START/STOP

Touch to start or stop cooking.

OPERATING INSTRUCTIONS

SIGNALS DURING OVEN SETTINGS

One signal: Oven accepts the entry.

Two signals: Oven does not accept the entry, check and try again.

SETTING THE CLOCK

1. Touch CLOCK pad.
2. Use the number pads to enter the correct time.
3. Touch CLOCK pad again.

NOTE: This is a 12-hour cycle clock. When the oven is first plugged in or when power resumes after a power interruption, the display will show ENTER CLOCK TIME. If you prefer not to have the clock displayed, touch RESET.

SETTING THE OVEN TIMER

1. Touch TIMER.
2. Enter the amount of time by touching the number pads.
3. Touch START/STOP.

NOTE: The maximum time you can enter is 99 minutes and 99 seconds. Time countdown can be seen in display before clock or cooking time returns to display. Touch TIMER and then touch RESET to cancel TIMER during timing process.

SETTING A COOKING PROGRAM

One-stage Cooking

1. Use the number pads to set a cooking time. You can set a cooking time from 1 second to 99 minutes and 99 seconds.
2. If you want to set a power level other than 100% power, touch POWER LEVEL, and then use the number pads to enter the power level.
3. Touch START/STOP to start cooking. Use the digits to set a cooking power level.

Number pad	Cooking power
1-0	100%
9	90%
8	80%
7	70%
6	60%
5	50%
4	40%
3	30%
2	20%
1	10%
0	0%

Two-stage Cooking

Some recipes require different stages of cooking at different temperatures.

1. SET STAGE 1: Follow steps 1 and 2 in "One-stage Cooking". DO NOT TOUCH START/STOP.
2. SET STAGE 2: Touch COOK then enter proper cooking time and (lower) power level. (Most two-stage recipes use lower power for second stage.)
3. Touch START/STOP.

NOTE: After total time has elapsed, signals sound and END appears in display. Touch any button or open oven door to clear END before starting another cooking function.

SPEED DEFROST

1. Touch SPEED DEFROST.
2. Enter desired defrosting time by touching correct number pads.
3. Touch START/STOP.

NOTE:

- The longest defrosting time is 99 minutes and 99 seconds.
- During defrosting program, the system will pause automatically and sound to remind users to turn meat over, after that touch START/STOP to resume the defrosting.
- After time has elapsed signals sound and END appears in display. Touch any button or open oven door to clear END before starting another cooking function.
- After setting SPEED DEFROST, oven can be programmed to automatically switch to one or two-stage cooking.
- For speed defrost and one stage cooking, follow steps above. Before touching START/STOP, touch COOK; enter time and power level and then touch START/STOP.
- For speed defrost and two stage cooking, follow steps above. Before touching START/STOP, touch COOK; enter two-stage cooking programs and then touch START/STOP.

COOK BY WEIGHT

1. Touch COOK BY WEIGHT.
2. Enter the one digit code by touching the correct number pad.
3. Use the number pads to enter weight.
4. Touch START/STOP.

NOTE:

- Weight must be in pounds and ounces.
- Ounce weights less than 10 must be preceded by a 0. If label gives weight in pounds only, change the fraction of a pound to ounces using the chart.
- During cooking, the system will pause automatically and sound to remind users to turn meat over, after that touch START/STOP to resume cooking.
- After total cooking time, signals sound and END appears in display. Touch any button or open oven door to clear END before starting another cooking function.

Cook By Weight Code

CODE	TYPE	MAX WEIGHT
1	Beef	5 lb. 16 oz.
2	Pork	5 lb. 4 oz.

Converting Fractions of a Pound to Ounces

Fractions of a pound	Ounces
Less than .03	0
.03 to .09	1
.10 to .15	2
.16 to .21	3
.22 to .27	4
.28 to .34	5
.35 to .40	6
.41 to .46	7
.47 to .53	8
.54 to .59	9
.60 to .65	10
.66 to .71	11
.72 to .78	12
.79 to .84	13
.85 to .90	14
.91 to .97	15

QUICK COOK SETTINGS

The QUICK COOK settings allow you to cook or reheat food automatically without entering power level or time. For smaller portions, simply touch the applicable pad and START/STOP. For larger portions, press the pad twice. FROZEN DINNER, BAKED POTATO and BEVERAGE allow you to cook multiple amounts of the same food. Simply touch pad once, and ENTER AMT appears in the display. Enter the amount of servings and start.

BAKED POTATO

For potatoes (4 to 6 oz. per entries):

1. Touch BAKED POTATO once.
2. Enter number of potatoes by touching number pads from 1 to 4.
3. Touch START/STOP.

For larger potatoes (8 to 10 oz. per entries):

1. Touch BAKED POTATO twice.
2. Enter number of potatoes by touching number pads from 1 to 4.
3. Touch START/STOP.

POPCORN

1. Touch POPCORN. POPCORN automatically sets the cooking time for a 3.5 oz. bag of microwave popcorn.
2. Touch START/STOP.

NOTE:

To change the preset POPCORN time: Touch POPCORN twice. ENTER TIME is displayed. Touch number pads to enter minutes and seconds. Touch START/STOP. This new cooking time will remain whenever you use the POPCORN setting until you reset it.

PIZZA

Reheating a slice of pizza:

1. Touch PIZZA once.
2. Touch START/STOP.

Heating a whole pizza:

1. Touch PIZZA twice.
2. Touch START/STOP.

DEFROST BY WEIGHT

1. Touch DEFROST BY WEIGHT pad.
2. Use the number pads to enter weight.
3. Touch START/STOP pad.

NOTE:

- Weight must be in pounds and ounces. Ounce weights less than 10 must be preceded by a 0. If label gives weight in pounds only, change the fraction of a pound to ounces using the chart.
- The maximum weight you can enter is 5 lb. 16 oz.
- During defrosting program, the system will pause automatically and sound to remind users to turn meat over, after that touch START/STOP to resume the defrosting.
- After total defrosting time, signals sound and END appears in display. Touch any button or open oven door to clear END before starting another cooking function.

SETTING CHILD LOCK

The child lock prevents unsupervised operation by children.

To set: In standby mode, press and hold RESET for 3 seconds. Lock indication appears on the display.

To cancel: Press and hold RESET for 3 seconds. Lock indication disappears.